

NMAIMH Membership Application

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone: _____

E-Mail* _____

Profession or Position: _____

Member of WAIMH: yes no

*For NMAIMH Member listserv. We do not share member contact information with anyone.

Membership Choice	Dues	Enclosed
Regular	\$30	\$ _____
Student	\$15	\$ _____
Donation (tax deductible)		\$ _____
Total Enclosed		\$ _____

Make Checks Payable to: **NMAIMH**

Mail to:

NMAIMH
c/o UNM Center for Development & Disability
Attention: Joe DeBonis
2300 Menaul Blvd, NE
Albuquerque, NM 87107

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Place
Stamp
Here

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Albuquerque, NM 87107

Join Us and Make a Difference!

New Mexico Association for Infant Mental Health



Photo by Don J. Usner

NMAIMH

Making a Difference

www.nmaimh.org

Mission Statement

The New Mexico Association for Infant Mental Health (NMAIMH) promotes and supports healthy development and nurturing relationships for all infants and young children in New Mexico. NMAIMH provides a forum for interdisciplinary collaboration by advocating for the application of infant mental health principles in services for infants, young children and caregivers.

History of NMAIMH

Recent research has concluded that what occurs during an infant's first years lays the foundation for healthy relationships and learning later in life. In response to research findings, as well as national recommendations and recognition of a statewide need, the New Mexico Infant Mental Health Collaborative Committee was formed in January, 2001. The group was formed at the invitation of Children Youth and Families Department and Department of Health staff and included participants from the University of New Mexico, private- non-profit child care, health care, mental health, early intervention, public schools, Head Start and others.

Strategic Plan

The IMH Collaborative Committee continued to meet throughout 2002 and developed a Strategic Plan for Infant Mental Health in New Mexico. The strategic plan was published and presented to the NM legislature in January, 2003. The plan offers a systematic approach to a healthier future for New Mexico's infants and their families. The Collaborative Committee decided to officially form the New Mexico Association for Infant Mental Health (NMAIMH) to implement the strategic plan.

What is Infant Mental Health?

Infant Mental Health is an interdisciplinary field of research, clinical practice and public policy-making concerned with maximizing the well-being of infants and their caregivers. The field of Infant Mental Health promotes optimal development and wellness of the child and family through prevention, identification, treatment and support.

Future Plans for the NMAIMH

- Competency-based training for professional development in Infant Mental Health
- Bi-annual newsletter
- Integration of Statewide IMH services
- System for ongoing support and consultation
- Evaluation of impact of IMH services

Early Intervention is the Best Prevention

Why Should I Join?

All infants and their caregivers deserve supports and services that encourage nurturing relationships. Workers from a number of disciplines, including social workers, psychologists, early childhood specialists, and others, can use a range of infant mental health strategies to foster healthy development. By joining NMAIMH, you help us to move one step closer to creating a cohesive system for infant mental health in New Mexico.

Who Should Join?

NMAIMH is an interdisciplinary organization that welcomes:

- Anyone who works with or is interested in systems that affect infants and their families
- Parents
- Psychologists/Counselors
- Social Workers
- Clinicians and Therapists
- Early Intervention Specialists
- Medical/Health Professionals
- Childcare Providers
- Students
- Policymakers, Educators and Administrators

What Membership Offers

- NMAIMH affiliation with the World Association of Infant Mental Health (WAIMH)
- Networking with IMH professionals
- NMAIMH Listserv
- Notification of training opportunities
- Participation in policy-making activities
- Participation in bi-monthly board meetings, open to members and guests

Contact Information:

NMAIMH

c/o UNM CDD, Attn: Joe DeBonis
2300 Menaul Blvd. NE
Albuquerque, NM 87107

505.331.7138
info@nmaimh.org
www.nmaimh.org

Fax: 866.800.9776