

# NMAIMH Making a Difference

Promoting & supporting healthy development and nurturing relationships for all infants and young children in New Mexico.



## Sample Multiple Choice Endorsement Exam Questions (Level 3 and 4 Candidates Must Take the Written Exam)

**NOTE:** The multiple choice portion of the exam consists of 60 questions similar to the questions below. It is completed by circling the correct answer on the test paper. You will have 90 minutes to answer the 60 multiple choice questions. Then, after a break, you will have 90 minutes to respond to 2 vignettes by typing your answers into a Microsoft Office Word document on a personal computer that is provided for you at the exam location.

### 1) Between the ages of 12– 18 months, an infant:

- I. Uses pretend play
- II. Is curious about people
- III. Is bold and confident
- IV. Explores with enthusiasm

Choose a, b, c, or d below:

- a. I, II, III
- b. II, III, IV
- c. I, III, IV
- d. I, II, IV

### 2) According to Sameroff's model of cumulative risk, which of the following is NOT a risk factor for children?

Choose a, b, c, or d below:

- a. Minority group membership
- b. Higher levels of maternal education
- c. Single parent family
- d. Unemployed head of household

### 3) In recent years, a great deal has been written about early human brain development. Please select which of the following statements are the most accurate.

- I. Early brain development is activity-dependent
- II. Early brain development is primarily genetically determined
- III. Early brain development is primarily determined by experience
- IV. Early brain development is a result of genetic make up and experience

Choose a, b, c, or d below:

- a. I and IV
- b. I and II
- c. I and III
- d. All of the above

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**4) Your client has been told by a psychologist that her baby's score on the mental scale of the Bayley Scales of Infant Development is "within normal limits". You know that this means the mental (MDI) score was between**

Choose a, b, c, or d below:

- a. 60 and 85
- b. 85 and 100
- c. 85 and 115
- d. 100 and 130

**5) After a mother cancelled the previously scheduled home visit, you (the infant mental health specialist) arrive for the next appointment to find the mother asleep. The door is answered by her sister who then leaves you in the front room without an explanation. The baby is in the front room crawling on the hard floor with an obviously dirty diaper and without any apparent supervision, other than you. A few minutes later, the mother enters the room, appearing very sleepy and still in her pajamas. Best practice from an infant mental health perspective indicates that you would:**

Choose a, b, c, or d below:

- a. Offer to leave and reschedule the visit for another time when she is more ready
- b. Ask if she would like you to change and feed the baby so that she can get more sleep
- c. Inform the mother that you may need to terminate services if she cannot fully participate
- d. Inquire about the baby's week and how things have been since your last home visit