

WELCOME TO OUR

Quarterly Newsletter

DEAR NMAIMH MEMBERS AND PARTNERS,

As we reflect on the first half of 2025, the New Mexico Association for Infant Mental Health is proud to celebrate the incredible momentum and growth shaping our collective impact across the state. Our dedicated staff and board members have traveled throughout New Mexico to meet and engage with so many of you. From statewide trainings and consultations to new collaborations with county coalitions, NMAIMH continues to expand its reach. Thank you to the many partners who have carried our mission forward over the years. We are honored to do this work alongside you and are continually inspired by your shared commitment to advancing infant mental health across New Mexico.

This season of growth is a testament to the dedication of our team, the strength of our partnerships, and the passion of early childhood professionals who uplift babies, children, and families every day. We extend heartfelt gratitude to those who help make this work possible. Thank you to my fellow current and emeritus board members; our contracted partners, including four Reflective Supervision Consultants, one Enhanced Advisor, and eleven NM SEED Infant and Early Childhood Mental Health Consultants; and the many IMH professionals who volunteer as Endorsement advisors, portfolio reviewers, and test reviewers. Your dedication is deeply valued.

I'm also thrilled to share that NMAIMH now has five core staff members serving in the roles of Administrative Coordinator, Communication and Training Coordinator, NM SEED Agency Liaison, Endorsement Coordinator, and Executive Director. Thank you to each of you for advancing our mission and vision with such care and commitment.

With 305 members, 271 endorsed professionals, and an ever-growing landscape of collaborative initiatives, NMAIMH remains firmly rooted in its mission to promote and support healthy development and nurturing relationships for all infants and young children in New Mexico. We are honored to be in this work with you, and we are here for you. Your leadership, wisdom, and care are helping to build an early childhood ecosystem grounded in equity, connection, and belonging.

With sincere appreciation,
Diana O'Brien
Board President, NMAIMH

Enhanced Endorsement Coordination for Home Visitors

We are seeking interest for the FY26 cohort for Home Visitors who wish to be part of the Enhanced Endorsement Coordination. Cohorts are updated on a quarterly basis, beginning July 1, 2026. This project offers an opportunity for home visitors to discuss their progress, seek guidance, and receive feedback on their endorsement applications.

If you are a home visitor funded under ECECD and want to be considered for the Enhanced Home Visiting Monthly support project, please contact the Endorsement Coordinator at: endorse@nmaimh.org

Need application support? Be sure to EMAIL the Endorsement Coordinator with questions or requests to review information within EASy!

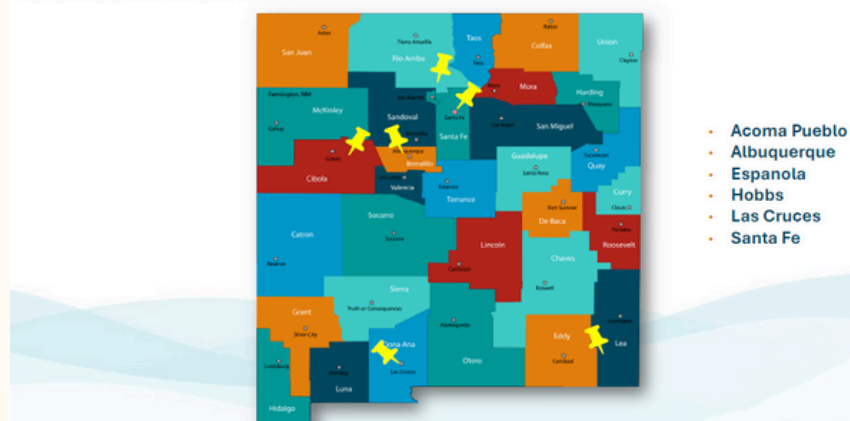
–OR–

Join our Endorsement Coordinator on the Office Hours call, held each Tuesday from 7:30 am – 8:30 am.

New Mexico Social Emotional and Early Development (SEED)

The NMAIMH is excited to share a new collaboration with NM ECECD and NM SEED. Beginning July 2025, NMAIMH will be contracting with 11 statewide mental health consultants through the NM SEED Initiative. We are excited to collaborate with ECECD and statewide mental health consultants to provide free Infant and Early Childhood Mental Health Consultation services in early learning environments through pairing mental health professionals with early childhood educators. NMAIMH SEED Consultants serve the following counties: Bernalillo, Sandoval, Santa Fe, Rio Arriba, Cibola, Dona Ana, and Lea. Be on the lookout for our website where you can meet the 11 statewide consultants and view a guide to completing a referral for SEED mental health consultation services.

Where are consultants located in New Mexico?



MESSAGE FROM THE EXECUTIVE DIRECTOR:

NMAIMH Snapshot of 2025

The NMAIMH has had one very busy first half of the year and we are so excited to share this information with you! Here is what mobilizing Infant Mental Health throughout New Mexico has looked like in the first 6 months of 2025:

- Membership is comprised of 305 professionals in NM
- Currently, 271 professionals are Endorsed in NM
- 9 committed individuals serve as members of the Board of Directors (representing the communities of Farmington, Silver City, Las Cruces, Santa Fe, and Albuquerque)
- 5 dedicated staff members hold positions as Administrative Coordinator, Communication and Training Coordinator, NM SEED Agency Liaison, Endorsement Coordinator, and Executive Director
- NMAIMH contracts with 4 Reflective Supervision Consultants, 1 Enhanced Advisor, and now 11 NM SEED Infant and Early Childhood Mental Health Consultants
- Several IMH professionals volunteer as Endorsement advisors, portfolio reviewers, and test reviewers.
- NMAIMH presented at Family Leadership Summits in Roswell, Pojoaque, and Las Cruces
- NMAIMH and Early Childhood Coalitions from several NM counties have begun conversations about IMH work and possible collaborations
- NMAIMH has offered 4 IMH Spotlights, 1 Reflective Supervision Consultation Training, 2 cohorts of Learning Collaboratives related to understanding early childhood trauma, and 1 Annual Meeting/Training...a total of 34 CEU's

We are so appreciative of YOUR commitment to this work, the families you serve, and the communities where you make this happen. The work you do allows services to take place throughout NM by early childhood professionals whose focus is relationship-based, reflective, and knowledgeable of infants, toddlers and very young children.

Thank you so much!

Liz Martinez, NMAIMH Executive Director



NMAIMH Endorsed Professionals

NMAIMH would like to congratulate and welcome the following providers who became endorsed in 2025. Thank you for your continued dedication to the IMH field and helping us to promote and support healthy development and nurturing relationships for all infants and toddlers in New Mexico.

Faith Arvizu
Ruby White
Christina Morales
Monica M. Ramirez
Meghan Ortega
Amber Sedillo
Kimberley Pavlik
Christina Riddle
Nancy Gomez
Maria A Wells
Karen Maday Delgado
Gonzalez
Jessica Tripp
Gladys Gonzalez
Sally Baumann (Barrett)
Jennifer Marquez

Lula Brown
Denise Arlet
Stephanie Valdez
Madison Rowilson
Uganda Richardson
Alyssa Hill
Alisa Maestas
Blanca Gomez
Gabriela Rodriguez
Jill Holtz
Leandra Lomosad
Anderson
Marisa Wagner
Jessie Anglin
Danielle D Ruiz
Olga Phillips

Melisa Gomez-Williams
Betty Bustamante
Sylvia Chavez
Caryle Zorumski
Katherine Beck
Olga Alvara
Dominique Carrasco
Roberta Calderon
Rebecca Powell
Joslynn Stevens
Guillel Rodriguez
Maria del Carmen Villarreal
Kathlene Bunch
Sarah Jean Moncayo
Doris Santiago

May Stroller Challenge Recap



In honor of May Mental Health Awareness Month, NMAIMH sponsored a Stroller Challenge to promote both physical wellness and emotional connection among families. The month long event brought together parents, caregivers, and young children for fun and energizing stroller walks through their local parks and neighborhoods. Designed to encourage open conversations about mental health and the importance of self-care, the challenge emphasized the mental benefits of outdoor activity, community support, and quality bonding time. Thank you to all of our participants for taking the time to walk, move and be present. We hope the challenge gave you a few mindful moments, deep breaths, and joyful steps with your little ones.



Join the NMAIMH Listserv

Find out about Infant Mental Health training opportunities and stay connected with the network of Infant Mental Health Professionals! All we need is your name and email. Thank you for passing this message along to others!

<https://forms.office.com/r/50eHNdzMU4?origin=IprLink>



Check out the NMAIMH website

The NMAIMH website is now better than ever—organized, clear, and reflects up-to-date information! Check us out at <https://www.nmaimh.org/> and save as a bookmark!

Jessica Mullen, Web Designer from Las Cruces, is the mastermind behind this improved website! Contact Jessica at jmullenmktgdesign@gmail.com if you need help with your website needs.

August IMH Spotlight

CARING FOR CAREGIVERS IN EARLY
CHILDHOOD

PRESENTED BY KASSANDRA
GONZALES

AUGUST 7TH 12PM-1PM



Interested in being a presenter for our 2026 IMH Spotlights?

SCAN THE QR CODE BELOW. FEEL
FREE TO SHARE THE PROPOSAL
FORM WITH SOMEONE YOU KNOW
WHO MAY BE INTERESTED.



<https://www.facebook.com/NewMexicoAIMH/>

WWW.NMAIMH.ORG