

WELCOME TO OUR

Quarterly Newsletter

Hello NMAIMH Community,

We are deeply grateful for you, the passionate professionals across New Mexico who champion the wellbeing of our youngest community members. As we move into Fall, I want to share a reminder that nominations for the NMAIMH Board of Directors will be opening soon. This is a meaningful opportunity to help shape the future of our organization, contribute to the advancement of Infant Mental Health across New Mexico, and continue the work that uplifts infants, their families, and the professionals who support them. Please consider self-nominating or nominating someone. We welcome individuals from all backgrounds including those with experience in Infant Mental Health and those bringing expertise from other fields. Diverse perspectives strengthen our collective work and deepen our impact.

We warmly invite you to join us for our Annual Meeting on January 30, 2026, where we will come together in community for shared learning, growth, and connection. We will also celebrate the incoming Board of Directors and reflect on a year of collective impact, grounded in our shared commitment to the wellbeing of New Mexico's youngest children.

I am continually inspired by the dedication of professionals across our state who make New Mexico a nurturing place for our youngest community members and those who care for them. Your work matters deeply, and it reminds us that Infant Mental Health is the foundation of lifelong wellbeing, deserving of our collective attention, advocacy, and care.

With gratitude,
Diana O'Brien
President, NMAIMH Board of Directors

Message from the Executive Director

Hello NMAIMH Members, families, colleagues, and Board of Directors,

We have several important updates for this Fall and encourage you to remain connected via our listserv and social media. By staying engaged, you'll receive timely information about upcoming opportunities, events, and ways to participate in our IMH community's ongoing growth. Your involvement helps us strengthen the network of support for infants, young children, and their families, and ensures that our collective efforts continue to make a meaningful impact across New Mexico.

Annual Association Fee: The new \$75 all-inclusive Annual Association Fee will be implemented. We have received many of your questions and have planned three 45-minute virtual meetings from October–December to provide clarity and answer questions. Please plan to join a meeting!

NMAIMH work is supported by MSW Practicum Students: NMAIMH supports 2 MSW practicum students who are currently engaged in projects aimed at uplifting IMH professionals in New Mexico and supporting our social media. Please check out their information in this newsletter.

RSC Training: Don't miss the RSC Training that is scheduled for October 8, 2025 (free for Members and \$50 to non-Members).

Your energy in this field is so meaningful!

With gratitude,

Elizabeth Martinez, LMSW, IMH-E, ERS
NMAIMH Executive Director

NM SEED Consultants: Now Accepting Referrals

Are you seeking support for Infant and Early Childhood Mental Health Consultation (IECMHC)? NM SEED Consultants in your area are currently open for referrals! IECMHC is a collaborative, relationship-focused approach designed to strengthen caregivers' abilities to promote and enhance children's social and emotional development. By working together, consultants and caregivers can help foster health emotional growth and resilience in young children. If you are in Lea, Cibola, or Santa Fe County- consultants are ready to support your needs. To make a referral or learn more about the process, please visit the [ECECD website](#).

From the Endorsement Coordinator

As we move into the last quarter of the year, I want to provide a reminder that the Endorsement Renewal process will **not** take place this year.

- All current endorsements are active through December 31, 2027. Please continue to participate in a yearly target of 15 hours of training related to the IMH Competencies and for those endorsed at IFS, IMHS, IMHM-C and ERS a yearly target of 12 hours of qualifying Reflective Supervision/Consultation. For those that provide RSC to others, a yearly target of 3 hours of training related to the provision of RSC to others is required.
- Please see the table below if you are unsure of how many total hours you will need by the next renewal period.
- Endorsements are now active on a 3-year cycle. Everyone will renew by December 31, in the same renewal year (2027, 2030, 2033, etc.).
 - Anyone currently endorsed (and those who become endorsed before December 31, 2026) will be active through December 31, 2027
 - Anyone who becomes endorsed after January 1, 2027 will be active through December 31, 2030 (Renewal is not due the same year of initial endorsement)

Don't Forget: Endorsement Office Hours every Tuesday from 7:30am-8:30 am via Zoom.

Training Hub

If you are looking for training, please visit the Training Hub hosted by the Alliance for the Advancement of Infant Mental Health:

<https://www.allianceaimh.org/training-hub>

Number of Years Endorsed	REQUIREMENTS	
3	45 hrs training 36 hrs RSC Active AIMH Membership	
2	30 hrs training 24 hrs RSC Active AIMH Membership	
1		15 h training 12 h RSC Active AIMH Membership
Less than a year	You do not renew an Endorsement the year it was earned!	

Meet our 2025-2026 NMAIMH MSW Interns



RAELI CHESSER

Hello! My name is Raeli Chesser (she/her), and I am a field practicum intern with NMAIMH. This semester, I'm focused on expanding practicum opportunities for social work students in the Infant Mental Health field and supporting community engagement through social media.

I'm pursuing my MSW online at Western New Mexico University and hold a bachelor's in Social Work with a concentration in child and adolescent mental health from NYU.

I'm originally from Bentonville, Arkansas. I recently relocated to Norwalk, Connecticut. In my free time, I enjoy baking, crafting, and watching movies.



AUBRY DAVIS

Aubry Davis is a Master Social Work Student at Western New Mexico University and she is pursuing a certificate in School Social Work. She holds a bachelor's degree in Social Work from Western New Mexico University.

Aubry's professional interests include Infant Mental Health and promoting strong child-caregiver attachment. She believes deeply in the power of strong families to help children thrive. As a mom of two young children, she brings both lived experience and professional passion to her work with children and families.

While Aubry was born and raised in Texas, she currently lives in Anchorage, AK. Aubry enjoys sharing her love for the outdoors with her husband and children. As a family, they enjoy hiking, biking, camping, skiing, and ice skating into the backcountry of Alaska.



Join the NMAIMH Listserv

Find out about Infant Mental Health training opportunities and stay connected with the network of Infant Mental Health Professionals! All we need is your name and email. Thank you for passing this message along to others!

<https://forms.office.com/r/50eHNdzMU4?origin=lprLink>



We're Now on Instagram—Let's Stay Connected!

NMAIMH is excited to announce our new Instagram account!

We're creating a space to share:

- Training Opportunities
- Resources for professionals
- Networking events
- Insights on Infant/Early Childhood Mental Health
- Stories that inspire our work with infants, toddlers and their families

Whether you're a provider, educator, advocate or simply passionate about Infant Mental Health, our Instagram is a place to learn, grow and connect.

Follow us today: @nmaimh

Upcoming Events

RSC TRAINING: BACK TO THE BASICS OF REFLECTIVE SUPERVISION

October 8th from 9am-12pm via Zoom. Free to NMAIMH Members. \$50 for non-members. IMH Competency certificate available.



ANNUAL ASSOCIATION FEE Q&A



Need clarification on the upcoming annual association fee changes? Drop in October 14th from 9-9:45am to have your questions answered by NMAIMH Executive Director and Endorsement Coordinator.

IMH SPOTLIGHT: CULTURAL HUMILITY- A LIFE LONG JOURNEY

October 14th from 12-1pm via Zoom. 1 IMH Competency Hour certificate for NMAIMH Members.



CEUS- HAVE YOU ATTENDED AN IMH SPOTLIGHT OR OTHER NMAIMH TRAINING RECENTLY? PLEASE CHECK YOUR INBOX OR SPAM/JUNK FOLDERS FOR EMAILS FROM CERTIFIER TO DOWNLOAD YOUR CERTIFICATES. NEED ASSISTANCE? CONTACT COMMUNICATION@NMAIMH.ORG

<https://www.facebook.com/NewMexicoAIMH/>

WWW.NMAIMH.ORG