

NEWSLETTER



Dear NMAIMH Members and Partners,

Communities are built by individuals and groups coming together. Outreach is one of the critical ways that NMAIMH fosters relationships in the community. Through outreach, we connect with both providers and families, and it always leads to wonderful relationships!

In the last several months, NMAIMH has had an incredible presence in a variety of different communities and events! This is due to the contributions of the following people that I want to extend thanks to: Liz Martinez, Mary Becker, Iliana Perez, Heather Peynetsa, Katrina Diaz-Castillo, Kassandra Gonzales, Luisa Massey, Sarah Barba, and Mariana Marachlian. Thank you to any that I didn't mention and thank you to all our members and partners who are doing their own outreach and promotion work to promote the well-being and care of young children.

The variety of communities and groups that NMAIMH interacts with makes me think about the importance of making connections throughout New Mexico to increase representation. Some of NMAIMH's recent actions to support this are the no-cost Reflective Supervision/Consultation (RSC) groups and Endorsement Navigation that Heidi Kranz is offering to professionals serving tribal early childhood programs, our new RSC Coordinator (Luisa Massey) has joined us through an MOU with UNM that will support community building through UNM and in other professional communities, and welcoming our new bilingual Endorsement Advisor (Olga Alvara) to support Spanish speaking IMH professionals.

One final thought – I believe the presence of NMAIMH or any early childhood providers in communities is a brilliant way that we are modeling the practice of “holding the baby in mind.” Your presence in communities reminds people that infants and young children matter and need our focus and commitment.

Thank you,
Sam Hufnagel
Board President, NMAIMH

Message from the Executive Director

Building Momentum for New Mexico's Infant Mental Health Workforce

NMAIMH continues to make meaningful progress in strengthening New Mexico's infant and early childhood mental health workforce. Through training, endorsement support, consultation, and community-based partnerships, the organization has expanded access to professional development and reflective practice opportunities across the state.

So far in the first 6 months of this year, 147 participants have taken part in NMAIMH training opportunities in Spotlights and Deep Dive trainings, with 10 hours of infant mental health training offered to support continued learning and skill-building. These efforts reflect NMAIMH's ongoing commitment to equipping professionals with the knowledge, relationships, and reflective capacity needed to serve young children and families effectively.

NMAIMH's work is supported by a strong network of 4 employees, 2 MSW Practicum Students, and 23 contractors who bring expertise across several key areas:

- Reflective Supervision Consultants
- Infant and Early Childhood Mental Health Consultants
- Child Parent Psychotherapy Community of Practice Endorsement Advisor
- Bilingual Spanish Endorsement Advisor
- Endorsement Navigators
- Agency Lead
- Membership Support
- Web Designer
- Reflective Supervision Consultant Coordinator
- Endorsement Coordinator
- Communication and Training Coordinator
- Executive Director
- Administrative Coordinator

Together, these professionals help ensure that support is accessible, responsive, and aligned with the needs of the workforce.

NMAIMH also continues to see growth in the number of Infant Mental Health Endorsed professionals statewide. There are now 359 endorsed professionals, including 31 who became endorsed in 2026. This growth represents an important investment in quality services for infants, young children, caregivers, and families throughout New Mexico. As the year continues, NMAIMH remains focused on expanding reflective supervision consultation and strengthening pathways for professionals seeking endorsement. These efforts help build a more connected, prepared, and supported infant and early childhood mental health community.

Liz Martinez, Executive Director

NMAIMH Endorsed Professionals

NMAIMH would like to congratulate and welcome the following providers who became endorsed in the first half of 2026. Thank you for your continued dedication to the IMH field and helping us to promote and support healthy development and nurturing relationships for all infants and toddlers in New Mexico.

Sonia Hernandez
Priscila Wade
Jessica Ramirez
Alexis Smith
Shannon Leyva
Nubia Banuelos
Maria Villanueva
Alicia Martinez de Orozco
Karen Hernandez
Shawna Kaye Freeman
Shaula Begay
Janet Badillo

Samantha Horton
Diana Guerro
Echo Maddock
Amelia Cordova
Cinthia Marquez
Sarah McKinney
Shelby Favorite
Cassandra Varela
Brittney Monreal
Miriam Baydon
Vanessa Washburn
Anel Mendoza
Lizbeth Bustos

Dollie Castillo
Ashley Ysco
Briann Balderama
Jazmin Chavez
Luz Esparza
Katrina Neal
Kayla Villanueva
Roxanna Stufft
Lula Brown (ERS)
Shaye Trujillo (ERS)
Julia Bergkamp (ERS)
Stephanie Giron (ERS)

Infant and Early Childhood Mental Health Consultation

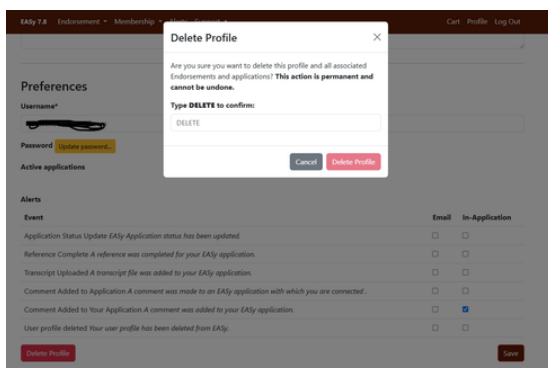


NMAIMH and SEED were honored to join Growing Up New Mexico in Santa Fe for its Father's Day Lowrider Car Show. SEED Consultants enjoyed connecting with Santa Fe early childhood community providers and sharing information about their work as Infant and Early Childhood Mental Health Consultants (IECMHC) serving the Santa Fe and Rio Arriba areas. These meaningful connections help strengthen community partnerships and expand social-emotional support for early childhood education providers who work with young children.

Our Santa Fe County consultants are currently available to provide IECMH consultation services. If your program is interested in working with an IECMH Consultant, please visit our [website](#) for more information.

Endorsement Corner

Something new you may have noticed, there are now some options to Archive, Delete Application, Delete Profile. Please contact Katrina Castillo if you need additional information about these options



- Archive: Simply deactivates an application or Endorsement (can be reactivated)
 - Delete: If you no longer wish to pursue a specific application, Katrina can delete that for you (can be retrieved)
 - Delete Profile: This deletes the entire profile and cannot be undone – which means all applications and endorsements are deleted
- New Reference Rating Forms!

Applicants are now rated on a revised 3-point Likert scale: No/Not Yet , At Times/Emerging, Consistently/Effectively. New forms can be found on the [NMAIMH Website](#).
Endorsement Corner

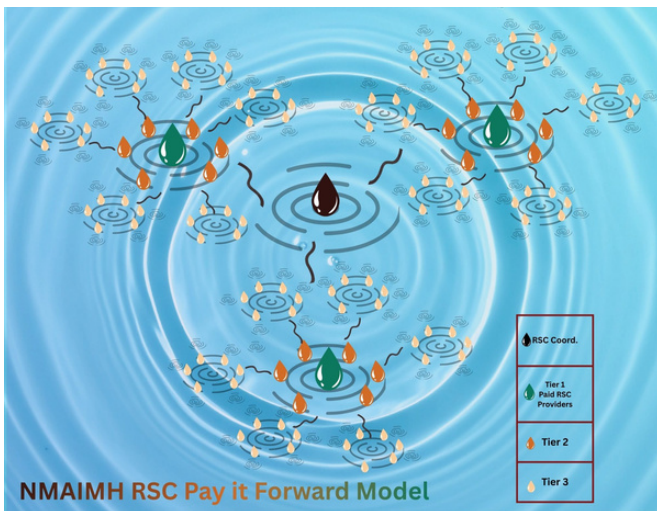


The NMAIMH welcomes Luisa Massey as the Reflective Supervision Consultation Coordinator!

Luisa has been dedicated to the early childhood field since 2000, in many capacities including direct services to children and families as a preschool educator, eventually moving into supporting her fellow educators as a Master Teacher. In her previous role with the NM Early Childhood TTAPS, Luisa was also an Inclusion Consultant, helping to support educators and families to ensure the full inclusion of all children, specializing in challenging behaviors and trauma. She is currently a Senior Training & Development Consultant with UNM's Early Childhood Services Center, currently supporting early childhood programs with social, emotional and inclusive support to educators.

It wasn't until finishing her Master's degree in Counseling at UNM (both school and community agency), becoming IMH endorsed and then providing reflective supervision/consultation to Early Childhood Consultants, that Luisa realized she had found a magical combination of her ultimate passion and love for Early Childhood and mental health.

Pay it Forward



The New Mexico Association for Infant Mental Health is excited to introduce and implement a no-cost, "Pay It Forward" reflective supervision/consultation (RS/C) model, adapted from the Florida Association for Infant Mental Health!

This structured, reciprocal model will support professionals across the state to have access to high-quality RS/C without placing financial strain on individuals or organizations.

How it works:

- Endorsed Reflective Supervisors, as well as those with an "Emerging" status, will receive free monthly group RS/C from NMAIMH to support their own professional development and meet their own Infant or Early Childhood Mental Health Endorsement® renewal requirements.
- In return, to pay it forward to their own professional community, these supervisors will each volunteer to lead 1 monthly RSC group for up to six early childhood Professionals, creating wide access to reflective consultation.
- Groups will run from July through June, offering between 12-18 hours of RS/C.
- NOW recruiting for experienced RS/C providers!
- FALL 2026 recruitment for emerging RS/C providers!

For more information or questions, please contact Luisa Massey at RSC@nmaimh.org. If interested, please submit your information [HERE](#). No later than 6/30/2026.

REFLECTIVE SUPERVISION & CONSULTATION

A Deep Dive into the Complexities of the RSC Relationship

with **Mara Brenner**



REGISTER
SCAN THE QR CODE
OR CLICK THE LINK

<https://forms.cloud.microsoft/r/dt03qM34li?origin=lpLink>

communication@nmainmh.org



JULY 29

9:00 AM-12:00 PM



NMAIMH.ORG

for More Information

3 Hour RSC IMH Competency Certificate for NMAIMH members.
\$80 for non-members.



**UGANDA
RICHARDSON, LCSW**

2026 INFANT MENTAL HEALTH SPOTLIGHT

*Honoring Our Babies:
Healing In Black Families*

1 Hour CEU for NMAIMH Members



July
29



12-1
PM



ZOOM

https://us02web.zoom.us/j/9IsAy65kRxitiIKS_EwT9Q

Register Here



RSC Registration

**July IMH Spotlight
Registration**

Interested in being a presenter for an IMH Spotlight?

Please complete a proposal [HERE](#). Feel free to share the proposal form with someone you know who may be interested.

Contact Us
[NMAIMH.ORG](https://nmainmh.org)

Instagram: @nmainmh

Facebook: NewMexicoAIMH

communication@nmainmh.org